

Telbolife H 80 Tablet

Brand Name: Telbolife H 80 Tablet

Dosage Form: Tablet

Therapeutic Category: Antihypertensive Combination

Composition:

Each tablet contains:

- **Telmisartan I.P.** – 80 mg
- **Hydrochlorothiazide I.P.** – 12.5 mg

Description:

Telbolife H 80 Tablet is a combination of **Telmisartan**, an **angiotensin II receptor blocker (ARB)**, and **Hydrochlorothiazide**, a **thiazide diuretic**, used for the treatment of **hypertension**.

- **Telmisartan** works by blocking the action of **angiotensin II**, resulting in relaxation of blood vessels and a reduction in blood pressure.
- **Hydrochlorothiazide** helps the body eliminate excess sodium and water, which lowers blood pressure by reducing fluid volume.

Indications:

- **Essential Hypertension:** For the treatment of **high blood pressure** (hypertension).
- **Prevention of Stroke and Cardiovascular Events:** Reduces the risk of **stroke** and other cardiovascular complications in hypertensive patients.

Dosage and Administration:

- **Recommended Dose:** 1 tablet once daily, preferably in the morning.
- **Administration:** The tablet can be taken with or without food. It is advised to take it consistently at the same time each day for maximum benefit.
- **Dose Adjustment:** The dosage may be adjusted based on individual response and clinical assessment.

Contraindications:

- **Hypersensitivity** to any component of the formulation.
- **Severe renal impairment** or **anuria**.
- **Hypersensitivity to sulfonamide derivatives** (due to **Hydrochlorothiazide**).
- **Pregnancy** and **breastfeeding**.

Precautions:

- **Renal Function:** Regular monitoring of kidney function is recommended in patients with pre-existing renal impairment.

- **Electrolyte Imbalance:** Monitor **potassium** and **sodium** levels due to the diuretic effects of **Hydrochlorothiazide**.
- **Volume Depletion:** Caution is advised in patients with volume depletion or those on a low-salt diet.
- **Liver Disease:** Use with caution in patients with liver dysfunction, and monitor liver function as needed.

Adverse Effects:

- **Common Side Effects:** Dizziness, headache, fatigue, and gastrointestinal discomfort.
- **Serious Adverse Effects:** Renal dysfunction, **electrolyte imbalances** (especially **hypokalemia**), hypotension, and dehydration.
- **Other Effects:** Rash, muscle cramps, and elevated blood sugar levels.

Storage:

- Store below **25°C** in a cool, dry place.
- Protect from moisture and direct sunlight.
- Keep out of the reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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